

Long Term Care Coordinating Council

Minutes of the meeting held Wednesday, June 13, 2018 Child and Family, Main Conference Room, 1268 Eddy St., Providence, RI 02905

Attendance:

Angelo Rotella Bonnie Sekers Brenda DuHamel	Holly Garvey Jaclyn Pofilio Jaimie Furtado	Kelly Lee Kelsea Dixon Laurie Ellison	Michael Cronan Michelle Brophy Michelle Szylin	Rita Towers Sam Zwetchkenbaum Sarah Neil
Brittany Gilligan	Jim Nyberg	Laurie Mantz	Mike Walker	Stephanie Rendina
Deborah Burton	John DiTomasso	Lori Light	Mykahla Gardiner	Vicktoria Barokha
Debra Demar	Karen Allsop	Majorie Waters	Nancy Silva	Victoria Goetz
Diane Facha	Karen Statser	Mario Olivieri	Nelia Botelho	
Dianna Shaw	Kathleen Heren	Mary Lou Moran	Nicholas Oliver	
Donna McGowan	Kathleen Kelly	Matt Gendran	Patricia Raskin	
George Sousa	Kathleen Repoli	Maureen Maigret	Rebecca Boss	

Welcome: Meeting called to order by Maureen Maigret at 10:05am. Introductions around the room.

Approval of Minutes of 3/14/18: Motion to approve with corrections by Nicholas Oliver, seconded by Kathleen Kelly. All in favor. **Approval of Minutes of 4/11/18:** Motion to approve as submitted by Nicholas Oliver, seconded by Kathleen Kelly. All in favor.

Presentation of New BH Link by Director Rebecca Boss, BHDDH:

See PowerPoint Slides at the end of minutes.

942-STOP substance abuse

Have accessed federal funding. Governor has money in the budget, hoping it is in the finalized budget. Currently accessing a facility. In some negotiations for a facility.

- Q: translate the percentage of visit to numbers of people? A: can get the information out to the group.
- Q: just Medicaid users or everyone? A: everyone, but will back that up.
- Q: age restrictions for program. A: adults. Need to look at the under 18 community needs. They won't be turned away in a crisis, but will be assessed and sent to the right place for assistance.
- Q: who Horizon Health Partners? A: A partnership of: Kent Center, Community Care Alliance and Newport Mental Health Hotlines are not dependent on a facility, hopeful start in July.

Introduction of Mike Splaine of Splaine Consulting: Mike gave a brief introduction of himself and the work he is contracted to do with the Alzheimer's State Plan Update. Week of August 6th calendar of Town Hall meetings will be complete by the end of this week and will be emailed to the LTCCC to share.

Update of the Governor's new LTSS Reform Initiatives by Jaclyn Porfilio:

Handout to be sent out electronically.

May 25th Governor's announcement— broad initiative around LTSS policy reform. Moving toward a person-centered system. Will be moving forward with a phased approach. June 14th Community Roundtables begin. Think Tank on LTSS on Workforce policy options. Phase 2 August – December – series of stakeholder workshops. On the other side will be implementing and addressing issues that were not heard. Increase for direct support service. More senior centers. POINT website. ADRC. Send schedule of community meetings.

Q: Phase 1 question: workforce policy think tank – more details? A: Rick Brooks will be involved. Taking the longer report and making the policy options to take to phase 2. Targeted to 3-4 meetings to try and prepare for phase 2.

Community Health Network by Kelsea Dixon, DOH:

See PowerPoint slides at the end of minutes.

Q: Would it possible to schedule programs inside healthcare facilities? A: Yes, you can contact RIPIN or Kelsey. Also, some can be employer wellness programs.

Cardiovascular program is growing now with new funding that is coming in.

Patient navigators are Community Health Workers from RIPIN and they develop and train the workforce along with Dept of Health. Certifying body is Community Health Worker Association of RI

Have had preliminary conversations with Alzheimer's Association. Working on getting the criteria setup and see where Alzheimer's and dementia and behavioral health will fit into program.

Q: How can Alzheimer's be added to the chronic disease list? A: we need to have a program setup.

Alzheimer's Association is pushing to make it happen. Moving in the direction and in negotiation stages.

Transportation Report by Mario Olivieri & Diane Facha:

Slides will be sent out electronically.

Resuming monthly meetings hosted by the Alliance for Better Long term Care due to recent issues; last Wednesday of the month, 10:30am at the Alliance.

ICI Report Distributed, questions to Dawn Allen who was not able to attend meeting:

Please email Craig Dwyer any questions and he will direct them to Dawn Allen for a response, or mail Dawn directly.

Subcommittee Review:

Alzheimer's Executive Board: We have hit the ground running regarding the plan update. August 6^{th} – 23 focus groups being planned. Schedule will be sent to the group once complete. Please pass along to get the word out.

Aging in Community/Healthy Aging: attention has been focused with the legislature. \$800k community grant was maintained. Homecare rate increases. Proposal to charge co-pays for people on Medicaid – not included in the budget. Retro-active Medicaid coverage maintained. ADRC language in budget Article. Overall the budget has some terrific things for LTC/older adults. Tufts Health Plan Foundation Momentum Fund – providing grant \$10k to 10 applicants in RI, MA, NH. Aimed at developing age-friendly or dementia-friendly initiatives.

Community Enhancement grants – \$500,000 from Money Follows the Person Fund. Hope to hear more when application period announced.

Age-Friendly RI partnering on the Community Conversation in South Kingstown tomorrow to kick off Governor's LTSS reform effort

LGBT Report: no report

Oral Health: May Oral Summit was a great success. Next work is to continue is a senior oral health plan. Need some project management to move forward with the plan. Looking for a student for 6-8 months to help with project management. Subgroup Meeting tomorrow at 3-4pm at the Alliance.

Q: On-site dental program – is there another in the works? A: CareLink is working towards moving in that direction. Looking to expand to more assisted livings and senior housing.

Legislation to expand dental hygienist. Specific training to be completed.

Q: Is there a list of dentists who accept Medicaid payments available? A: Oral Health Website – find a dentist link.

Behavioral Health: Meeting Thursday, June 21 2:30pm, Substance Use and Mental Health

Public Comment:

Alzheimer's Day was a great success, thank you for all who were involved. Golf Tournament on June 21st at Newport Golf Club. Alzheimer's Walk website is up with all information. New walk at Misquamicut beach on Sept 23rd.

Alzheimer's Workforce Development: meets first Tuesday of each month - July 10th at Greenwich Farms

Medicaid Matters meetings – to explain the difference between Medicaid and Medicare – and the benefits of Medicaid. Educational meetings to be offered by RIOP. First meeting is: August 14th Benefit Street Church at 3pm.

Patricia Rasking announced next Blue Cross sponsored meeting is June 13th at the Blue Store in Warwick – Safe Guard your finances. Caregiver Support –

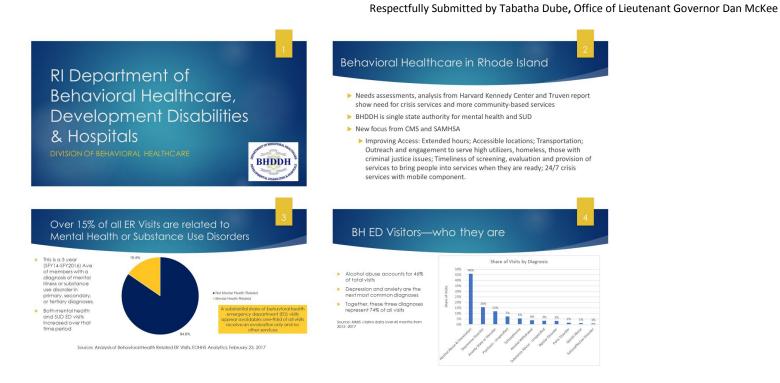
Age Friendly RI Day in May went very well.

Friday is World Elder Abuse day to bring awareness and address the issue of elder abuse. Saint Elizabeth Community is sponsoring a breakfast in recognition of the day at the Crowne Plaza that day.

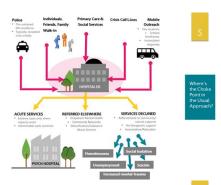
Memory Café in RI – social and educational opportunity – Thursday, June 14th 1pm-2:30pm at Temple Beth El

Next Meeting: September 12, 2018 10:00am at Child & Family

Adjournment: Meeting adjourned at 11:38am by Maureen Maigret.









Why BH Link?

What is BH Link

- 24/7 Behavioral Health Crisis Response being implemented by Horizon Health Partners with three major components
 Physical location triage facility

- Clinical services including Rx and pharmacy
 Recovery support (peers) and case management
 Transportation and linkage to services
- a 24/7 Face to face assessments
- 24/7 phone screening and triage Nursing and psychiatric assessments
- Hotlines: Suicide line, State warm line (942-STOP), After hours incident reporting for Developmental Disabilities and Behavioral Health
- Mobile capacity

- Current challenges:
- Emergency departments are not only costly, they are often not the right level of care
 Law enforcement and other first responders want to be helpful to people experiencing a mental health or substance use crisis, but don't have easy access to the appropriate resources.
 Access to treatment can be challenging and people looking to get help often do not know where to begin.

Better, More Cost-Effective Behavioral Healthcare in Rhode Island

- The BH Link Hotline and Triage Center will connect people to treatment and recovery resources to get better.
- BH Link will fill gaps in the current behavioral healthcare system: it will help individuals experiencing behavioral health crises, the families and friends caring for them get access to the care they need.

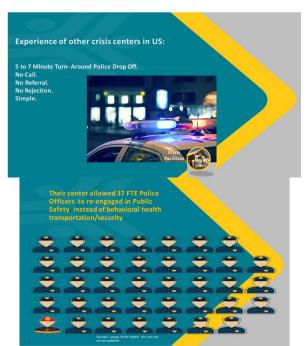
 BH Link will strengthen the State's response to the devastating qoldor crisis.

 Crucially, BH Link will offer appropriate care for people experiencing a behavioral health crisis.

Besides individuals Law Enforcement in need who does this help? Law Enforcement By-passes the Emergency Room and Proceeds Directly to Crisis

What difference does this type of Crisis Model make?

In the 4-million-person community of Maricopa County (Phoenix, Arizona) the continuum of crisis services has had the following outcomes compared with a community without them.

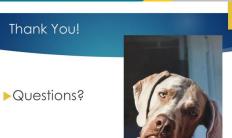








Source: MMIS claims data over 45 months from 2013 -2017







Community Health Network

Your connection to low-cost health programs



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And more!

Centralized Referral System



the state that coordinate programs, such as:

- Rhode Island Department of Health (RIDOH) Rhode Island Parent Information Network (RIPIN) Healthcentric Advisors The YMCA of Greater Providence

Who Refers Into CHN?

Coordinating Council

June 13, 2018 **Long Term Care**

- Primary Care Providers
- Health Insurance Companies Community Partners

- Rhode Island Parent Information Network
- Community Action Program Agencies
- · Caregivers, Friends, and Family Members
- Self-Referrals

Why Use CHN?

RI Chronic Illness and Health Concern Prevalence

- Among RI adults 18 and older, 56% have a chronic disease*
- 26% have 2 or more chronic diseases to manage.
- Of RI registered voters aged 45+, 58% have been caregivers to an adult
- In 2016, the prevalence of cigarette smoking among adults in Rhode Island was 14.4%.







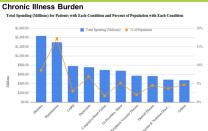




"Hypertension, diabetes, asthma, arthritis, COPD, or cardiovascular disease SOURCE: 2015 & 2016 RI BRFSS; 2017 AARP Rhode Island Caregivers Survey

Why Use CHN?





CHN Workflow

notified by Patient Navigator of status: • Unable to reach Declined

> Patient Navigators Patient Navigators
> call Patient.
> No answer = Leave
> Message
> 2 Follow-up calls,
> different times of
> day

Continuous Quality Improvement



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To increase patient success in programs, we are

- aware of and working on: · Frequency and quality of communication between:
 - Patient Navigator and Provider
 - Program and Provider
- Increasing enrollment and program availability
- Continuing education for program facilitators: Engagement, retention, adherence
- · Widening the range of programs available
- Open to other suggestions



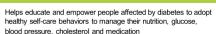


Menu of Programs



- Asthma Services
- Certified Diabetes Outpatient Educator (CDOE)
- National Diabetes Prevention Program
- EnhanceFitness Program (YMCA)
- Matter of Balance: Managing Concerns About Falls
- Powerful Tools for Caregivers Self-Management Education Programs:
- Diabetes Self-Management Program
 Tools for Healthy Living (Chronic Disease Self-Management Program)
 Chronic Pain Self-Management Program
- Tobacco Cessation Services
- WISEWOMAN

Certified Diabetes Outpatient Educators (CDOE)



- Eligibility: Diabetes diagnosis
- Registered Nurses, Dietitians, and Pharmacists certified in diabetes outpatient education.
- Individual or group consultations in provider offices or CDOE sites
- Cost: Covered by most private insurance plans, may require



Menu of Programs

18+ adult group classes* of 15-20 people are:

- Held year-round Offered statewide Evidence-based
- Offered in English and Spanish
- Many are free or low cost
- Designed to be engaging, fun, and meaningful

For calendar and details:

ipin.org/events/category/community-health-network/

*Asthma Services are designed for children with asthma and their parents/caregivers

Chronic Pain Self-Management Program

Asthma Services

Aims to reduce asthma related hospitalizations, emergency room visits, and missed days of work and school.

- Eligibility: Families with children who have asthma living in Providence. Woonsocket, Central Falls, and Pawtucket
- Up to three sessions to learn how to manage your/your child's asthma
- May include home visits by a Certified Asthma Educator; support for healthy housing, tenant rights, and social services; or coordination of care with primary care providers, school nurses, teachers, and caregivers.
- Cost: Free



ated by RIDOH

(CPSMP) Provides participants with the tools to manage medications.

fatigue, frustration, proper nutrition, and communication skills, and teaches evaluation of treatments and creation of action plans

- Eligibility: Anyone 18 years old or older
- Led by two certified peer leaders in group sessions

National Diabetes Prevention Program

- Sessions run for 6 weeks at 2.5 hours per week
- Cost: Free

(NDPP)

Resources



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Diabetes Self-Management Program (DSMP)



Helps people diagnosed with diabetes, pre-diabetes, family members or caregivers to manage their symptoms focusing on healthy diet choices, meal planning, incorporating physical activity, tools to deal with fatigue, pain, high/low blood sugars, stress, emotional health and depression.

Eligibility: Individuals with diabetes, pre-diabetes, or status as a caregiver or loved one for someone with diabete

Group exercise program designed for sedentary adults that uses

simple movements to improve physical strength, flexibility,

balance, cardiovascular fitness, and pain management.

Led by two certified peer leaders in group sessions

EnhanceFitness Program at YMCA

- Meets for 6 weeks, 2.5 hours per week
- Cost: Free

 Eligibility: 18 years or older 16-week program



National Diabetes Prevention Program (NDPP)

Teaches adults with pre-diabetes, or at-risk of developing type $\ensuremath{\mathbf{2}}$ diabetes, to lower their risk by improving nutrition and physical activity

- Eligibility guidelines:

 18+ years old with a BMI > 25 or > 23 for Asian Americans.

 Have a blood test result in the prediabetes range within the past year:

 Hemoglobin A1C: 5.7-6.4 or

 Fasting plasma glucose: 100-125 mg/dl or

 Two-hour plasma glucose (after a 75gm glucose load): 140-199mg/dl

 Clinically diagnosed Gestational Diabetes Mellitus (GDM) during a pregnancy

 A score of 9+ on the CDC Pre-diabetes Risk Test

Eligibility: Anyone 18 or older with

concerns about falling.

Small group led by a trained

Meets for 8 weeks, 2 hours

about Falls

gaining confidence.

facilitator.

per session.

Cost: Free

Program Guidelines

Led by trained Lifestyle Coaches in group sessions

Meets once a week for 16 weeks, then monthly meetings for

Matter of Balance: Managing Concerns

Teaches techniques to older adults that help reduce fears

associated with falls by improving balance, increasing activity, and

6 months Cost: Free or minimal fee

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Powerful Tools for Caregivers



Allows caregivers to develop a wealth of self-care tools to reduce stress and increase effective communication with their dependents, loved ones, and healthcare providers.

Eligibility: Anyone 18 or older who is a car



WISEWOMAN Program

- Facilitated by two certified peer leaders in group sessions
 - Meets for 6 weeks, 1.5 hours



Coordinated by Own Your Health

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Tobacco Cessation Services

Cost: Free for members, \$25 for non-members



Provides a variety of quit smoking supports

RI Smoker's Helpline (1-800-QUIT NOW): RI Smoker's recommendation of the control of the co

QuitWorks-RI (quitsworksri.org): Healthcare providers refer patients

- Eligibility: RI Residents aged 13+
- Multiple telephonic counseling ser Web & text-based resources; Nicotine Replacement Therapy (NRT); Follow-up reports to providers for Quitworks-RI referrals.





Tools for Healthy Living - Chronic Disease Self-Management Program (CDSMP)

Helps people diagnosed with chronic conditions to manage their symptoms relevant to medications, communication with family and healthcare professionals, stress, nutrition, physical activity, and

- Eligibility: Anyone 18 and older
- Led by two certified peer leaders in group sessions
- Meets for 6 weeks, 2.5 hours per week



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* Coordinated by RIDOH

Cost: Free



Helps women improve cardiovascular health through risk reduction

counseling and free lifestyle programs such as nutrition counseling,

gym memberships, and medication therapy management.



CHN - A Rhode Island Success Story...

- The Story

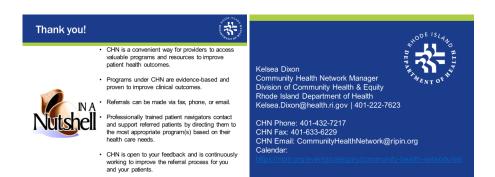
 Former NDPP participant's success encouraged him to become a champion and help others.

 He became a trained NDPP Lifestyle Coach.
- His creativity and understanding of the risk factors for diabetes spurred him to outreach to a cohort of bus drivers.
- Under his coaching, one of these drivers was so successful, she is now an 'honorary spokesperson' who helps to market the program.

Takeaways

- One person's success can encourage others.
 There is a ripple effect.
 The outcomes of EBPs like NDPP have personal impacts on people's

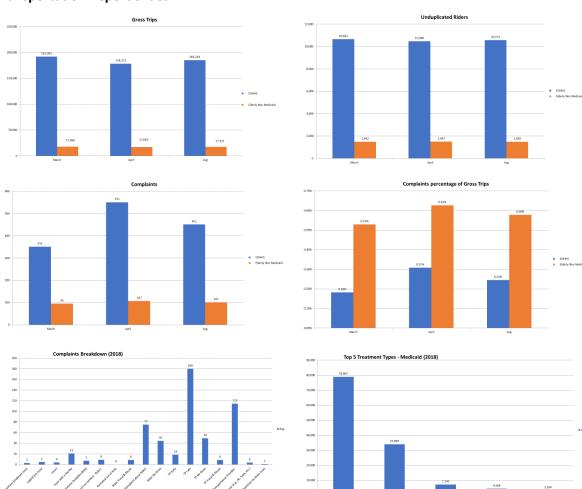




Transportation Report Slides

Top 5 Treatment Types - Elderly (2018)

4,000











The Integrated Care Initiative **Enrollment and Call Center Report**

RI Executive Office of Health and Human Services

June 2018



Integrated Care Initiative Enrollment (June, 2018)



Population	Neighborhood UNITY	Neighborhood INTEGRITY	PACE	Service
Nursing Home	54%	10%		36%
Community with Long- Term Services & Supports	30%	36%		34%
Intellectual & Developmental Disabilities	34%	47%	1%	18%
Severe and Persistent Mental Illness	22%	57%		20%
Community without Long-Term Services & Supports	36%	44%		20%
Medicaid Only	68%		2%	30%
Total:	37%	38%	1%	24%
*Numbers may not add up to	100% due to rounding			-



Neighborhood INTEGRITY (Medicare-Medicaid Plan)

Total Enrolled as of 6/1/2018

Cumulative Enrollment by Month							
Population April May Ju							
Nursing Home	427	433	429				
Community with Long-Term Services & Supports	1,296	1,297	1,298				
Intellectual & Developmental Disabilities	1,219	1,218	1,221				
Severe and Persistent Mental Illness	1,352	1,352	1,347				
Community without Long-Term Services & Supports	9,209	9,179	9,133				
Total:	13,503	13,479	13,428				



Total:

Neighborhood UNITY

(Rhody Health Options)

Opt-Out/Disenrollment: Nov. 2013 – May 2018						
Setting	# Ever Mailed	# Opted- Out	% Opted- Out			
Nursing Home	8,870	1,408	16%			
Community with Long-Term Services & Supports	5,391	1,401	26%			
Intellectual & Developmental Disabilities	2,870	292	10%			
Severe and Persistent Mental Illness	3,359	273	8%			
Community without Long-Term Services & Supports	26,725	2,514	9%			
Manager and Control	4.642	474	440/			

44,691 6,592 15%



May 2018 Opt-Out Reasons

Integrated Care Initiative Enrollment (June 2018)

Snapshot Enrollment by Program and Setting Compiled on the $\mathbf{1}^{st}$ of Each Month

	Neighborhood UNITY	Neighborhood INTEGRITY	PACE	Fee-for- Service	Total Eligible
Nursing Home	2,422	429		1,599	4,450
Community with Long-Term Services & Supports	1,093	1,298		1,255	3,646
Intellectual & Developmental Disabilities	887	1,218	261	474	2,579
Severe and Persistent Mental Illness	540	1,347		481	2,368
Community without Long-Term Services & Supports	7,497	9,131		4,197	20,825
Medicaid Only	710		24	317	1,051
Total:	13,149	13,423	285	8,323	35,180





Estimate of Projected New Enrollments

Neighborhood UNITY (RHO)

Neighborhood INTEGRITY (MMP)

Population	July 2018	Aug 2018	Population	July 2018	A1 20
Nursing Home	98	73	Nursing Home		
Community with Long-Term Services & Supports	45	24	Community with Long-Term	7	
ntellectual & Developmental Disabilities	20	8	Services & Supports Intellectual &	4	
Severe and Persistent Mental Illness	26	19	Developmental Disabilities Severe and Persistent	2	
Community without Long-Term Services & Supports	376	309	Mental Illness Community without Long-Term	_	
Medicaid Only	97	59	Services & Supports	18	
Fotal:	662	492	Total:	31	
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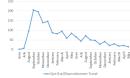


Neighborhood INTEGRITY

(Medicare-Medicaid Plan)

Monthly Opt-Out/Disenrollment Trend

May Opt-Out and Disenrollment Reasons



■ Disenrollment S Opt-Out



Opt-Out/Disenrollment: July 2016 - May 2018

opt out, discinonincia. Saly 2020 May 2020						
Setting	Total Ever Enrolled	# Opted Out/Disenrolled	% Opted Out/Disenrolled			
Severe and Persistent Mental Illness	1,871	67	4%			
Intellectual & Developmental Disabilities	1,519	74	5%			
Community with Long-Term Services & Supports	1,920	163	8%			
Nursing Home	1,105	143	13%			
Community without Long-Term Services & Supports	12,555	635	5%			
Total:	17,962	1,045	6%			



Neighborhood INTEGRITY (Medicare-Medicaid Plan)

Enrollment Line (Call Center) Application Processing

Month	Total Applications Received	Total Enrolled	Ineligible	Missing Information	Other*
September 2017	68	51	0	15	2
October 2017	115	87	2	26	0
November 2017	78	50	22	6	0
December 2017	58	29	23	6	0
January 2018	62	46	14	2	0
February 2018	65	43	15	5	2
March 2018	63	41	22	0	0
April 2018	133	109	18	6	0
May 2018	83	56	34	2	1

^{*} Applications requiring manual intervention and later processed by EOHH!



Enrollment Line (Call Center) Statistics

Month	Total Calls Received	Total Calls Answered	Average Talk Time (minutes)
December 2017	389	389	6:40
January 2018	331	331	8:42
February 2018	311	311	9:40
March 2018	264	264	8:34
April 2018	339	339	10:37
May 2018	279	279	11:26

Enrollment Line (Call Center) Call Actions

	Disenrolled from INTEGRITY	Opted-Out of INTEGRITY	Educated Member	Enrolled Member	Transferred Calls
December 2017	39	2	188	22	136
January 2018	20	1	157	42	111
February 2018	20	9	147	39	96
March 2018	11	7	107	41	98
April 2018	19	2	152	88	78
May 2018	8	6	147	54	64